



AYSMA.com

## **AYSMA RULES GOVERNING TRADITIONAL EMPTY HAND FORMS & SPECIALTY FORMS DIVISIONS**

### **GENERAL RULES FOR FORMS COMPETITION**

1. All children will be aligned by random draw the day before the event.
2. All form divisions will compete for 1<sup>st</sup>, 2<sup>nd</sup> and two 3<sup>rd</sup> place awards.
3. Children all ages in the beginning and intermediate belt rank traditional empty hand form divisions only, will receive a competition award.
4. In the Traditional Empty Hand Form Divisions all children will perform his/her "belt test" form. This is the form that the child had to perform for his/her current belt rank or the form that the child will perform for promotion to his/her next belt rank. This should be a "traditional form", please do not enhance the form with extra kicks or jumping kicks and no gymnastics are allowed in these form divisions.
5. Traditional uniforms are required in the "traditional empty hand form divisions".
6. Competitors in the Specialty Form Divisions may wear non-traditional martial arts clothing and may even wear "costumes" while performing.
7. Any competitor may wear "kung fu style" shoes or "mat shoes" for competition.
8. Children, all ages, beginner and intermediate may start their form over once, one whole point will be deducted from their final score, if the competitor forgets the form a second time they will receive the score 8.0 and will not be allowed to perform a third time.
9. Children, all ages, brown and black belts that forget their form will receive 8.0 from the judges and will not be allowed to perform a second time.
10. In the Specialty Form Divisions the "center judge" is responsible for reminding the competitors about "how much room he/she will need to perform their form". This should be done just before the competitors are "bowed" in and the actual competition starts.
11. In the Specialty Form Divisions if a competitor forgets his/her form the competitor will receive 8.0 from the judges and not be allowed to perform a second time.
12. In the Specialty Form Divisions if a competitor drops his/her weapon the competitor will receive 8.0 from the judges and not be allowed to perform a second time.
13. In the Specialty Form Divisions if a competitors music "turns off" for "ANY REASON" the competitor will receive 8.0 from the judges and will not be allowed to compete a second time.



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## **SYSTEM FOR SCORING TRADITIONAL EMPTY HAND FORMS & SPECIALTY FORM DIVISIONS**

### **8.0 Forgets Form**

**8.1, 8.2, 8.3, 8.4 – POOR FORM,** A majority of stances, hand techniques and kicking techniques are performed with poor or no power, lacks concentration, weak or no presence in the ring

**8.5, 8.6, 8.7, 8.8 – BELOW AVERAGE FORM,** Many poor stances, hand techniques and kicking techniques are performed with poor to average power, concentration is broken frequently, poor or weak presence in the ring

**8.9, 9.0, 9.1, 9.2 – AVERAGE FORM,** Good to above average execution of stances, hand techniques and kicking techniques, majority of stances and overall execution of “form” is good, demonstrates good concentration, still has “weak points” during performance, exhibits strong presence in the ring

**9.3, 9.4, 9.5, 9.6 – ABOVE AVERAGE FORM,** this form has very few “weak points”, exceptional to excellent execution of stance, hand techniques and kicking techniques, overall an excellent form, possibly contains a properly executed “jumping kick” or “spinning kick”, intense concentration, confident presence in the ring

**9.7, 9.8, 9.9, 10.0 – EXCELLENT/WINNING FORM,** excellent execution of stance, hand techniques and kicking techniques, intense concentration, must contain at least two spinning or reverse kicking techniques, must contain at least one jump kick, professional presence in the ring

**It is the position of the AYSMA that ANY competitor may receive any particular score for his/her performance level. A beginner may receive a 9.6 or 9.7 score for a basic form just like a Brown Belt or Black Belt, if the stance, power, delivery, focus and presence warrants it. The AYSMA will not allow “limits or ranges” for scoring “lower belt” divisions. In the future the AYSMA will use two scores in the Advanced Belt and Specialty Form Divisions; the first score for level of performance and second score for degree of difficulty.**