

## BASIC DIVISIONS FOR GIRLS AND BOYS

TRADITIONAL KARATE-TAEKWON DO EMPTY HAND FORM – TF/K-TKD #

TRADITIONAL KUNG FU-KENPO EMPTY HAND FORM – TF/KF-K #

SPARRING – S #

AGE/BELT	TRADITIONAL FORMS KARATE-TAEKWON DO	TRADITIONAL FORMS KUNG FU-KENPO	SPARRING BOYS / GIRLS
4-under, beginner girls	TF/K-TKD101	TF/KF-K201	S301
4-under, intermediate girls	TF/K-TKD102	TF/KF-K202	S302
4-unber, brown/red/black belt girls	TF/K-TKD103	TF/KF-K203	S303
5-6 beginner girls	TF/K-TKD104	TF/KF-K204	S304
5-6 intermediate girls	TF/K-TKD105	TF/KF-K205	S305
5-6 brown/red/black belt girls	TF/K-TKD106	TF/KF-K206	S306
7-8 beginner girls	TF/K-TKD107	TF/KF-K207	S307
7-8 intermediate girls	TF/K-TKD108	TF/KF-K208	S308
7-8 brown/red/black belt girls	TF/K-TKD109	TF/KF-K209	S309
9-10 beginner girls	TF/K-TKD110	TF/KF-K210	S310
9-10 intermediate girls	TF/K-TKD111	TF/KF-K211	S311
9-10 brown/red/black belt girls	TF/K-TKD112	TF/KF-K212	S312
11-12 beginner girls	TF/K-TKD113	TF/KF-K213	S313
11-12 intermediate girls	TF/K-TKD114	TF/KF-K214	S314
11-12 brown/red/black belt girls	TF/K-TKD115	TF/KF-K215	S315
13-14 beginner girls	TF/K-TKD116	TF/KF-K216	S316
13-14 intermediate girls	TF/K-TKD117	TF/KF-K217	S317
13-14 brown belt girls	TF/K-TKD118	TF/KF-K218	S318
13-14 black belt girls	TF/K-TKD119	TF/KF-K219	S319
15-16 beginner girls	TF/K-TKD120	TF/KF-K220	S320
15-16 intermediate girls	TF/K-TKD121	TF/KF-K221	S321
17-18 intermediate girls	TF/K-TKD122	TF/KF-K222	S322
17-18 brown belts girls	TF/K-TKD123	TF/KF-K223	S333
15-18 Brown/Black Belt Girls	TF/K-TKD124	TF/KF-K224	S334
4-under beginner boys	TF/K-TKD128	TF/KF-K228	S328
4-under intermediate boys	TF/K-TKD129	TF/KF-K229	S329
4-under brown/red/black belt boys	TF/K-TKD130	TF/KF-K230	S330
5-6 beginner boys	TF/K-TKD131	TF/KF-K231	S331
5-6 intermediate boys	TF/K-TKD132	TF/KF-K232	S332
5-6 brown/red/black belt boys	TF/K-TKD133	TF/KF-K233	S333
7-8 beginner boys	TF/K-TKD134	TF/KF-K234	S334
7-8 intermediate boys	TF/K-TKD135	TF/KF-K235	S335
7-8 brown/red/black belt boys	TF/K-TKD136	TF/KF-K236	S336
9-10 beginner boys	TF/K-TKD137	TF/KF-K237	S337
9-10 intermediate boys	TF/K-TKD138	TF/KF-K238	S338
9-10 brown/red/black belt boys	TF/K-TKD139	TF/KF-K239	S339
11-12 beginner boys	TF/K-TKD140	TF/KF-K240	S340
11-12 intermediate boys	TF/K-TKD141	TF/KF-K241	S341
11-12 brown/red/black belt boys	TF/K-TKD142	TF/KF-K242	S342
13-14 beginner boys	TF/K-TKD143	TF/KF-K243	S343
13-14 intermediate boys	TF/K-TKD144	TF/KF-K244	S344
13-14 brown belt boys	TF/K-TKD145	TF/KF-K245	S345
13-14 black belt boys	TF/K-TKD146	TF/KF-K246	S346
15-16 beginner boys	TF/K-TKD147	TF/KF-K247	S347
15-16 intermediate boys	TF/K-TKD148	TF/KF-K248	S348
17-18 beginner boys	TF/K-TKD149	TF/KF-K249	S349
17-18 intermediate boys	TF/K-TKD150	TF/KF-K250	S350
15-18 Brown/Black Belt Boys	TF/K-TKD151	TF/KF-K251	S351

### **Belt Groups**

***Beginner*** – White, Yellow, Gold, Orange Belts

***Intermediate*** – Green, Blue, Purple Belts

***Brown*** – Red, Brown Belts

***Black Belt*** – Black Belts First Degree and higher

***\* \* Brown/Red/Black Belts will compete together in the 12 & under divisions. \* \****

## SPECIALTY FORM DIVISIONS - SF

8 & under beginner specialty form girls	SF501
8 & under advanced specialty form girls	SF502
9 thru 12 beginner specialty form girls	SF503
9 thru 12 advanced specialty form girls	SF504
13 thru 18 beginner specialty form girls	SF505
13 thru 18 advanced specialty form girls	SF506
8 & under beginner specialty form boys	SF 601
8 & under advanced specialty form boys	SF602
9 thru 12 beginner specialty form boys	SF603
9 thru 12 advanced specialty form boys	SF604
13 thru 18 beginner specialty form boys	SF605
13 thru 18 advanced specialty form boys	SF606

**Belt Groups for Specialty Form Divisions**

Beginner – White, Yellow, Gold, Orange, Green, Blue, Purple Belts

Advanced – Brown, Red, Black Belts

**RUN JUMP SIDE KICK COMPETITION – ALL AGES – ALL BELT RANKS - GIRLS - JSK 507**

**RUN JUMP SIDE KICK COMPETITION – ALL AGES – ALL BELT RANKS - BOYS- JSK 607**

Each competitor is given 3 run jump sidekicks in front of the judges; the 3 kicks are then scored as in “Forms Divisions”. Trophies are awarded for 1<sup>st</sup> & 2<sup>nd</sup> place only.

**JUMP FRONT KICK COMPETITION–ALL AGES–ALL BELT RANKS–GIRLS JFK 508**

**JUMP FRONT KICK COMPETITION–ALL AGES–ALL BELT RANKS– BOYS JFK 608**

Each competitor is given 3 run jump front kicks. There will be a ‘target’ that the competitor must hit with the kicking foot. These three kicks will be measured for height. The competitor with the “single highest kick” will receive first place. Trophies are awarded for 1<sup>st</sup> & 2<sup>nd</sup> place only. The competitor must land on their feet with proper composure and body control. Falling after hitting the target will result in a height measurement of “0” for that attempt. In the place of a tie the competitors will be given 2 run jump front kicks to decide the winner. The AYSMA will have a target/measuring device on hand for this competition.

**IRON HORSE FORMS COMPETITION-ALL AGES-BROWN/BLACK BELTS-GIRLS IH-509**

**IRON HORSE FORMS COMPETITION-ALL AGES-BROWN/BLACK BELTS-BOYS IH-609**

Each competitor performs his/her Iron Horse form on a raised platform. Each competitor is scored by the judges just like any form division. Trophies are awarded for 1<sup>st</sup> & 2<sup>nd</sup> place only.

Platform dimensions;

2 inch by 12 inch by 10 feet long, 6 inches off the ground

2 inch by 10 inch by 10 feet long, 6 inches off the ground